Minor Office Procedures

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Objectives

1. Describe, demonstrate & practice the important components in the performance of minor office procedures.
2. Discuss the pharmacological agents and methods utilized for minor procedures.
3. List the common methods to remove various foreign bodies of the eyes, ears, nose, and soft tissues.

Outline

■ Orthopedic procedures
  - Reduction of nursemaids elbow
  - Reduction of minor finger/toe dislocations
  - Subungual hematoma release
  - Digital block
  - Olecranon bursitis aspiration

■ Nail techniques
  - Resection of ingrown toenails
  - Nail removal
  - Nailbed repair

■ Infectious procedures
  - Paronychia management
  - Field blocks
  - Incision and drainage of minor abscesses
  - Bartholan abscesses

■ Removal of foreign bodies
  - Splinter removal
Cactus spine removal
Tick removal
Hair-thread tourniquet removal
Ring removal from fingers
Fish hook removal

- Eye procedures
  - Flourescein stain
  - Corneal foreign bodies
  - Eyelid foreign bodies
  - Contact lens removal
  - Upper eyelid eversion
  - Eye irrigation with Morgan lens

- Ear foreign bodies
  - Cerumen removal
  - Alligator forcep removal
  - Right angle hook removal
  - Irrigation removal
  - Ear Wick

- Nose foreign bodies
  - Direct removal with forceps
  - Blow technique